



**“People often  
say that  
motivation  
doesn’t last.  
Well, neither  
does bathing –  
that’s why  
we recommend  
it daily.”**

— Zig Ziglar



My favorite is all the fun time with they staff. They’re crazy and great!  
- Adam



I like going to Disneyland.  
I also enjoy shopping with the staff.  
- Christopher

I did the Triathlon. I’m really proud that I did it and worked so hard!  
- Todd



it was a lot.  
Probably just seeing my friends every day.  
- Robynn



I love all the activities that Casa offers.  
- Steve



All the fun things I did with my friends at Casa!  
Saphoura



The Benefit Dinner was a lot of fun. I loved the dancing and seeing everyone dressed up!  
- Nathan



The Benefit was fun. I like the staff here!  
- Scott

## a new opportunity for the casa community this coming year!

Starting this year, we are offering a **Casa Community Clubhouse** on the last Friday of each month. This special event will be open to all adults with disabilities who wish to attend, meet new friends, and enjoy a fun filled night complete with dinner and fun activities such as a dance, movie night, pool party, a concert and so much more.

Would you, or someone you know, be interested in attending our Clubhouse events? If so, please contact Aaron Vorell at [avorell@casadeamma.org](mailto:avorell@casadeamma.org) to RSVP and obtain more information. These monthly events will be held from 5:00 to 8:30pm. **Please note:** if those planning to attend need an aide, you must bring one with you as Casa’s staff will not be able to offer one-on-one assistance. **All attendees must RSVP.**



## we want to hear from you

We are always looking to provide content in each issue of the Casa Courier that will be effective and of interest to our readership. Please take a couple of minutes to complete a short survey which will provide feedback about your experience with this publication. To be part of the survey, simply click on the link below titled “Courier Questions” — we ask that you complete it as soon as possible.

This is your newsletter — so please help guide us in making the content the best that it can be!

Thank you in advance for your valuable feedback.

## . . . looking back fondly

As we say goodbye to 2019 we have so much to be thankful for that has occurred over the past year. We asked some of our residents what stood out to them . . .



[www.casadeamma.org](http://www.casadeamma.org)