

"Personal growth is not a matter of learning new information but unlearning old limits."

- Alan Cohen

## introducing CasaGrows!

Casa de Amma is excited to announce a new program beginning in 2019 called CasaGrows! The purpose of CasaGrows is to utilize horticulture and various artistic creations to enable adults with disabilities to engage in meaningful work, increase community interactions, and participate in acts-of-kindness to those in need in our local community. This program will provide essential jobs such as the development and preservation of the Casa garden, production of beautiful handiwork, venturing into our local community to work booths at local farmers markets and stores, and being part of the outreach team that will distribute our wares throughout our community. This is not intended to replace existing jobs, but to provide an option for those who find their ability to work in the community, diminishing. There will certainly be something for everyone!

This program was discussed at our recent Benefit Dinner and was the recipient of our Fund-A-Program. To our delight, many showed their confidence in this program and we raised just over \$100,000 to keep it funded for several years to come! Included in our plan is the hiring of someone part-time to direct the horticulture division and ensure everything is being done as professionally and effectively as possible. Funds will also be used initially to build the infrastructure to grow various edibles such as vegetables, and herbs, not to mention flowers and so much more. We will provide updates with the exciting ways this new program is growing and how it is providing residents meaningful activity and increased community interactions.

## Would you be interested in volunteering for this new and exciting program?

Whether you have horticulture experience, can assist with artistic creations or just want to help — we need volunteers as we strive to make this program a success. Please contact Aaron at avorell@casadeamma.org to see how you can be part of the team.

2018

Join Us For Our **Holiday Community Dinner** Wednesday, December 12th Dinner is held at Casa de Amma and begins at 5:30 pm. Includes a short program, dinner and dessert.



growth on display

Last month over 230 people gathered to celebrate Casa's success and raise funds to ensure the mission of Casa continues uninterrupted for years to come. The theme for this year's special evening is "Here We Grow Again! Celebrating abilities, Cultivating Independence". At Casa we strive to offer the individualization and person centered supports each person deserves along with the social community each person needs in order to allow for a long-term independent living environment that can adapt as people's needs change. The evening was filled of inspirational examples of growth and increasing independence — such as Brads growth through seizures and his health challenges, a comedy treat by Ken and a moving song by Meghan!

The primary focus of the Benefit Dinner was to raise funds for four specific needs support for our many programs, providing financial aid to residents in need, funding major capital improvements and strengthen our reserves to ensure years of support as our residents age. To this end the night was a huge success and our fundraising goals were met by the generosity of our many supporters. We want to thank all our donors and from our hearts tell you how much we appreciate your support and kindness!







